

## KICKS FROM THE PENALTY MARK

Kicks from the penalty mark is a method for determining the winning team where competition rules require there to be a winning team after a match has been drawn

### *Players eligible to take kicks from the penalty mark*

All players, including players serving time penalties for others, whether on the field or on the team bench at the end of the match (including extra time where applicable) are eligible to participate in kicks from the penalty mark except:

- a player previously dismissed, or still serving a time penalty at the end of the match
- a player ruled ineligible by the team in the process of equalizing the number of players in accordance with the Procedure set out below
- a penalized goalkeeper where time still remains on the time penalty at the end of the match – he may, however, participate in the procedure as a goalkeeper. In this case the teams must be reduced to the same number of eligible kickers.

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### **Procedure**

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- Before beginning kicks from the penalty mark, the referee must ensure there is only an equal number of players from each team eligible to take the kicks
- The referee chooses the goal at which the kicks will be taken
- The referee tosses a coin and the team whose captain wins the toss decides whether to take the first or the second kick
- The referee keeps a record of the kicks being taken
- Subject to the conditions explained below, both teams take five kicks
- The kicks are taken alternately by the teams
- If, before both teams have taken five kicks, one has scored more goals than the other could score, even if it were to complete its five kicks, no more kicks are taken
- If, after both teams have taken five kicks, both have scored the same number of goals, or have not scored any goals, kicks continue to be taken in the same order until

one team has scored a goal more than the other from the same number of kicks

- Each kick is taken by a different player, and all eligible players must take a kick before any player can take a second kick
- An eligible player may change places with the goalkeeper at any time when kicks from the penalty mark are being taken
- Only the eligible players and match officials are permitted to remain on the field of play when kicks from the penalty mark are being taken
- All players, except the player taking the kick and the two goalkeepers, must be positioned as follows:
  - Eligible kickers must remain inside the restart line and between the gates outside the team bench area
  - Non-playing personnel and non-eligible kickers must remain on the team's bench
  - Players serving time penalties must remain in the penalty box
- The goalkeeper who is the teammate of the kicker must remain on the field of play, beside the goal wall at the corner mark designated by the referee
- A kick is completed when the ball stops moving, goes out of play or the referee stops play for any infringement of the rules
- Unless otherwise stated, the relevant Rules of Indoor Soccer, Laws of the Game and International F.A. Board Decisions apply when kicks from the penalty mark are being taken